

ORTHO GO

PHYSICAL & AQUATIC THERAPY

Orthogo Physical and Aquatic Therapy Newsletter

PHYSICAL THERAPISTS TREAT A VARIETY OF PROBLEMS- CAN WE HELP YOU?

Physical therapists are able to help many people with a variety of ailments. Do you know someone who is suffering from:

Coming Soon

Facts about posture and more on massage and how physical therapists use it to help you.

- » Low back pain
- » Knee pain
- » Neck pain
- » Shoulder pain
- » Arthritis
- » Tension headaches
- » Difficulty with walking
- » Poor balance
- » Pain sustained in an accident
- » Poor physical fitness

We may be able to help. We will perform a thorough evaluation, and develop a treatment plan to help you get back to the things you love doing most. Our programs are designed to educate you so you can carry them out on your own; therefore, you do not become dependent on your therapist for long-term care.

If you or someone you know needs some help, just give us a call - 815-344-9727

DOWNLOAD OF THE MONTH - SET UP YOUR WORKSTATION PROPERLY

If you are like so many others that suffer from neck pain, shoulder pain, or wrist pain when working with a computer, download our brochure that shows you how to set up your workstation properly.



Click here to Download our Workstation Setup Brochure

<http://www.ptclinic.com/downloads/1-4.pdf>

Click On or Type the URL above into your browser address bar

Our Services

- One-on-One Care
- Orthopaedic Therapy
- Back/ Neck Injuries
- Total Joint Rehab
- Arthritic Conditions
- Shoulder Conditions
- Hand Rehab
- Aquatic Therapy Pool
- Sports Rehab
- Sport Specific Ex
- Golf Program
- Industrial Rehab
- Work Conditioning
- FCEs
- Job Analysis
- Pre work Screening

Clinics

Orthogo Physical & Aquatic Therapy
4151 W. Orleans Street
McHenry, IL 60050
815 344 9727

"Physical therapists teach so you are not dependent on us for long-term care."