

# ORTHO GO

## PHYSICAL & AQUATIC THERAPY

### Orthogo Physical and Aquatic Therapy Newsletter

#### WHO IS THE UNKNOWN REHABILITATION SPECIALIST?

What if there were healthcare providers that didn't prescribe drugs and the treatments rarely had any side effects? This describes physical therapists and their treatments in almost every case.

It is also a fact that physical therapists are so concerned about helping those in need that they spend little time informing the public about all of the good things they have to offer.

This month we wanted to let you know about all of the different conditions that physical therapists treat. We would also like to ask you these simple questions.

#### WHOM DO YOU KNOW THAT IS SUFFERING FROM ONE OR MORE OF THE FOLLOWING:

- » A recent case of Low Back Pain?
- » Shoulder Pain/Rotator Cuff Problems?
- » A recent shoulder, back, hip or knee surgery?
- » Knee Pain?
- » Headaches
- » Arthritis/Difficulty Walking?
- » Hip Pain?
- » TMJ problems?
- » A Pinched Nerve in the Neck?
- » Achilles Tendon Problems/Ankle Sprains?
- » A Fear/Problems with Falling?
- » Tennis Elbow?

If you know anyone that is suffering from one or more of these problems have them give us a call. There is a good chance that we can help them out.

#### MEDICAL RESEARCH CONTINUES TO SUPPORT PHYSICAL THERAPY

Additional research is being published on a monthly basis. We will continue to update our newsletters and website with cutting-edge information to better serve the needs of our referring physicians, patients, and community.

If you would like more details about how physical therapy can help with any of the conditions mentioned above, just give us a call.

#### YOUR SATISFACTION AND YOUR TREATMENT RESULTS ARE OUR HIGHEST PRIORITY.



#### Our Services

- One-on-One Care
- Orthopaedic Therapy
- Back/ Neck Injuries
- Total Joint Rehab
- Arthritic Conditions
- Shoulder Conditions
- Hand Rehab
- Aquatic Therapy Pool
- Sports Rehab
- Sport Specific Ex
- Golf Program
- Industrial Rehab
- Work Conditioning
- FCEs
- Job Analysis
- Pre work Screening

#### Clinics

**Orthogo Physical & Aquatic Therapy**  
4151 W. Orleans Street  
McHenry, IL 60050  
815 344 9727

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